

NEWSLETTER

IMPLANT & SURGERY HOUSE

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Dental Implants vs Dentures: Why Implants Win Long-Term

For many people living with missing teeth, the biggest question isn't just **"Will my smile look better?"**—it's **"Will I be able to eat normally again?"**

Traditional dentures rest on the gums and may move while eating or speaking. Fixed full-mouth implant restorations are anchored to the jawbone, providing greater stability and a more natural chewing experience. Here's the real bite: **the difference between dentures and implants when chewing is night and day.**

Patients may notice:

- Greater stability while chewing
- More confidence when speaking and laughing
- Less reliance on denture adhesive
- A wider range of foods

Implants feel like natural teeth, letting you chew with confidence. Dentures, depending on the fit, can make it hard to break down food properly. This affects digestion and overall nutrition. Since dentures are removable, they can slip at the worst times, and even the best denture adhesive isn't foolproof. With implant-supported or implant retained options, you get a locked-in feel that boosts your chewing force and gives you a more enjoyable eating experience.

Full Mouth Dental Implants vs. Dentures

FEATURES	ALL-ON-4® "TEETH IN A DAY"	SNAP-IN IMPLANT DENTURES	TRADITIONAL DENTURES
Eating	Same chewing power as natural teeth	Much greater chewing power than dentures alone	Significantly reduced chewing power
Speaking	Almost zero loss in speaking ability	Greatly improved speaking ability	Can be difficult due to looseness
Roof of Mouth Covered?	Not covered	Sometimes partially covered	Top palate fully covered
Smiling & Laughing	Smile and laugh confidently knowing your teeth are secure	Smile and laugh confidently knowing your teeth are secure	Dentures alone can get loose when laughing
Comfort	Little to no soreness	Reduced soreness	Can cause sore spots
Gagging	No gagging	Reduced gagging	Greater chance of gagging
Bone Loss	Implants help reduce bone loss	Implants help reduce bone loss	Bone loss is common
Denture Adhesive?	Never needed	Almost never needed	Likely needed
Chewing Ability (Compared to Natural Teeth)	UP TO 80-90% Closest to natural teeth	UP TO 50-70% Much better than traditional dentures	15-30% Significantly limited

*Results vary by patient. Based on manufacturer and patient-reported outcomes.

New Techniques We've Adopted

3D Photogrammetry for More Precise Full-Arch Implant Treatment

We are excited to incorporate **3D photogrammetry technology** into our digital implant workflow. This advanced scanning technology captures the precise three-dimensional position of dental implants, allowing our team and laboratory partners to create **highly accurate digital records for full-arch restorations.**

By combining 3D photogrammetry, CBCT imaging, digital scanning, and in-office 3D printing, we can streamline the treatment process and improve the precision of implant-supported restorations.

Benefits: **Faster** turnaround • **Highly accurate fit** • **Improved esthetics** • **Fewer unnecessary appointments**



Patient Education

What Does Nitrous Oxide Feel Like?

Nitrous oxide, commonly known as "laughing gas," is a gentle form of sedation that can help you feel relaxed and comfortable during oral surgery.

Patients may describe feeling:

- 😊 **Relaxed or sleepy**
- ☁️ **"Far away" or like they are flying**
- 😊 **Warm and light**
- 😊 **More willing to laugh**
- 🧐 **Less concerned about what is happening around them**

The most common feeling? You simply may not care as much about the procedure.

Nitrous oxide **does not** replace local anesthesia. We still use local anesthetic to provide proper pain control during your procedure.

For appropriate oral surgery procedures, we prefer nitrous oxide because its effects are **predictable and short-acting.** Once the mask is removed and you breathe normal air, the effects wear off quickly, and you return toward your normal state.



The goal is simple: more precise planning, more efficient treatment process, better patient experience.

Case of the Month

From Dentures to Full Implants

A patient presented with a **loose and unstable upper full denture** along with multiple loose, non-restorable lower teeth. The patient was seeking a more stable and functional solution for both arches.



FROM DENTURES



All remaining teeth with poor prognosis and deemed non-restorable were carefully removed using atraumatic surgical techniques, with preservation of the surrounding bone and soft tissues. The extraction sites were thoroughly debrided to remove infected, inflamed, or compromised tissue. **A total of 8 strategically positioned dental implants** were placed to provide stable support for the patient's new implant-retained prosthesis. Implant positioning was planned with digital 3D scan consideration of available bone, prosthetics, and long-term function.

A **temporary immediate denture** was delivered on the day of surgery, allowing the patient to leave the office with an immediate replacement for the extracted teeth while the implants and surgical sites healed. Following implant placement and appropriate healing, **an implant-supported overdenture** was fabricated and secured to the implants using a **precision attachment system**. This provided significantly improved stability and retention compared with a conventional removable denture, while restoring the patient's ability to speak, smile, and chew with greater confidence.

TO IMPLANTS



Patient

Testimonial

"This is the best dental practice I've ever been to. 8/10/26 I HAD ALL MY TEETH REMOVED. 8/11/26 I woke up in almost no pain and next to no swelling. Just so we're clear on the trauma my mouth went through (every tooth removed top and bottom my jaw bone clipped and shaved smooth for the most comfortable fit with my dentures and woke up to feel remotely nothing. She was talking to me the whole time. Just wonderful service. I'll never go anywhere else. Best dental surgeon ever."

Fast

Surgical Notes

Bleeding After Surgery

A small amount of bleeding or oozing is normal, especially during the first day.

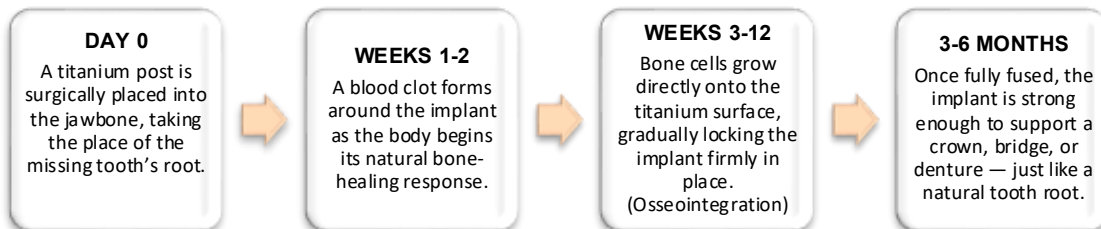
Helpful tips:

- Bite firmly on the gauze for 60 minutes
- Avoid repeatedly checking the site
- No vigorous rinsing, spitting, or straws for 24 hrs
- Saliva can make bleeding look worse than it is

Patient Education

How Implants Fuse to the Bone- Understanding Osseointegration

Dental implants don't just sit in the jaw — they actually become part of it. Through a biological process called osseointegration, the titanium post fuses directly with living bone, creating a foundation that's as stable as a natural tooth root. Here's how that process unfolds over time.



Did you know? Osseointegration was discovered by accident in the early 1950s by Swedish researcher Dr. Per-Ingvar Brånemark, who found that titanium could fuse directly with living bone. He placed the first titanium dental implant in a patient in 1965 — a breakthrough that changed modern dentistry.

WE OFFER FREE CONSULTATION

Whether you have one missing tooth or multiple failing teeth, we can help you understand your options. Schedule a consultation or second opinion to discuss a personalized treatment.



Advanced Oral Surgery

Digital Dentistry

Patient-Centered Care

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